

MESSAGE FROM EXECUTIVE DIRECTOR AND BOARD CHAIR

Dear Friends,

2023 was a renaissance year for LICADD. We were thrilled to evolve so many of our long-standing programs to meet the changing needs of the community as well as introduce new ones in support of our five-year strategic evolution plan.

Our partnership with Gabriel's Giving Tree (GGT) and Families in Support of Treatment (FIST) was heralded with over 400 participants at our Father Peter Sweisgood and Gabriel's Giving Tree Healing and Recovery Breakfast where we celebrated the victories and remembered those we lost. We also introduced our Women's Professional Development Program at the inaugural Women's Empowerment Luncheon (WEL) where we matched women in recovery with career advisors to achieve their professional goals. Lastly, our second annual Co-Occurring Disorders Conference brought together law enforcement, legislators and treatment professionals to raise the profile of co-morbidities within Substance Use Disorder and to recognize the critical role of clinical treatment to strengthen recovery for individuals, families and our communities.

These developments, as well as our steadfast commitment to providing Screening, Brief Interventions and Referral to Treatment (SBIRT), mental health services and advocacy work are the foundation to propel the mission of LICADD forward.

We are honored that your support has enabled LICADD to thrive and in turn support so many Long Island families struggling with substance use disorder. Thank you for all that you do.

Gratefully,



Rob Ripp, B.S., CASAC-T
LICADD Board Chair



Steve Chassman, LSCW CASAC
LICADD Executive Director



OUR MISSION

LICADD's 68 year old mission is to address the addictive climate of our times by providing initial attention and referral services to individuals, families, and children through intervention, education and professional guidance to overcome the ravages of alcohol and other substance-use related problems.

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LICADD

Saving lives since 1956



2023 REPORT TO THE COMMUNITY

LICADD'S PROGRAMS EXPAND TO MEET ESCALATING COMMUNITY NEEDS

We recognize that families are the foundation on which recovery is founded. LICADD focused on

Family units in active recovery:

We enhanced our family support groups with our Families in Support of Treatment (FIST) partners and added three retreats serving 130 people strengthening the mental health and resilience of family members in addition to our ongoing family education, support and intervention services.

Women in active recovery:

Our Women's Professional Development Program empowered women in recovery in their career paths. The inaugural program identified 14 advisors ready to help their advisees in their careers while protecting and promoting their recovery with support by LICADD clinicians.

Grief and loss: Our partnership with Gabriel's Giving Tree (GGT), which strengthened our grief and loss counseling and support services, was celebrated with our joint Gabriel's Giving Tree Peter Sweisgood Healing and Recovery Breakfast. Over 400 attendees were joined in fighting for recovery and honoring those we lost, making it the second largest recovery breakfast on Long Island.

Raising public awareness and advocating for change: Both of these areas have been front and center in our press conferences as covered by *Newsday*, *News12*, federal press releases and news-radio covering Fentanyl Awareness Day, increased risk of overdose during the holidays and bi partisan partnerships with legislators. LICADD led the Long Island delegation for the 2023 Advocacy Day bringing family advocates to Albany.

Law enforcement partnership is central to our fight with Substance Use Disorder, LICADD is focused on

Education: Legislators and first responders attended the 2nd Annual Co-Occurring Disorders Conference on the anxiety and depression inherent with SUD to raise awareness and remove barriers to care.

Professional Training: Our Compassion Fatigue (CF) workshop defines CF, as the fatigue associated with caring for others and teaches participants how to identify, treat and ultimately progress to compassion satisfaction. We provided these services to educators, school based health care professionals in addition to first responders, fire fighters and police officers.

Prevention Education: Our community and advocacy work regarding the restriction of THC and alcohol distribution, as well as our placement of Narcan in the county buildings and parks are critical to the health and safety of the community.

LICADD is honored to work with the Drug Enforcement Administration (DEA) and families from the region who have lost loved ones to the fentanyl poisoning.

14,000

clinical services; a 17% increase from 2022

10,000

EAP sessions

12,000

group services through our partnership with Families in Support of Treatment and Gabriel's Giving Tree

11,000

Narcan kits distributed

950

jail sessions through our HALT Program*

**Humane alternatives to long-term solitary confine me*

30

intervention inquiries that support and engage the entire family; 100% from external referrals

190

SAP presentations

12,000

students served through NYS-required Social Emotional Learning and our new program, the Body Project for those struggling with body dysmorphia. Received a Congressional grant to expand our work

1,100

court-approved Anger Management sessions

432%

Facebook reach increase

257%

NEW Likes and Followers increase

Instagram and LinkedIn have also grown

YOUR SUPPORT MATTERS

Addressing the Impact of the Opioid and Fentanyl Poisoning

LICADD's expanded delivery of grief and loss services is actively addressing the mental health needs of families. A RAND study conducted in 2023 calculated that 40 million Americans have had short-term to lasting impacts on their mental or physical health tied to grieving an overdose death. Twelve million of those adults continue to mourn their grief and loss with little support, often in isolation.

Your support provides the necessary resources to engage and strengthen recovery for individuals, their families and our shared communities.

LICADD's Programs are Effective and Efficient

LICADD's ratio of expenses has increased from 77% to 84%, ensuring that 84 cents of every dollar goes directly to our programs. This successful fiscal management, combined with our Platinum Transparency Award from Candid, a leading non-profit watch dog has earned us the confidence of both grantors and supporters.

WANT TO HELP?

There are a number of ways to support!

- Sponsorships of Events
- Monthly Giving
- Planned Giving
- Third Party Fundraisers

For more information, please contact Rosanne Slattery, Chief Advancement Officer at Rslattery@licadd.org



What we are looking forward to in 2024

Grant funding will enable LICADD to:

- Launch our clinically driven grief and loss programs to complement our peer-led groups in partnership with Gabriel's Giving Tree.
- Launch the Women's Professional Development Program matching advisors with advisees for career enhancement.
- Expand our criminal justice, grief and loss, compassion fatigue and family support programs.

Scan QR code for the catalog of LICADD's Mental Health and Substance Use Services.



The LICADD Employee Assistance Program is accountable, solution-focused, proactive, confidential and affordable.

- Open Arms EAP reduces absenteeism, the personal use of phones and computers, and minimizes workplace disruption.
- Members and their families receive FREE access to confidential services.
- 24/7 telephone access to trained counselors
- E-therapy option available
- Substance Abuse Management: We have highly trained clinicians and Substance Abuse Professionals (SAP) to help you maintain a drug-free workplace.
- EAP Members receive 50% discounts on LICADD's other fee-based services including anger management classes.
- LICADD implements state-of-the-art diagnostic evaluations, recommendations and treatment referral services for county attorneys, and probation services in connection with substance use disorder and anger-related offenses.
- Our highly skilled Critical Incident Response Team will be on-site to help guide employees and management through a critical incident in the workplace.
- LICADD is proud to partner with the Suffolk County Correctional Facilities and the Police Department to provide a range of services to at-risk incarcerated Long Islanders.



LICADD
Saving lives since 1956

As an independent and voluntary not-for-profit agency, we objectively tailor our programs and services in the best interests of our clients.

LICADD's mission is to address the addictive climate of our times by providing initial attention and referral services to individuals, families, and children, through intervention, education and professional guidance to overcome the ravages of alcohol and other drug-related problems.

No other agency on Long Island has amassed a track record for over 66 years, transforming the stigma associated with addiction and assisting Long Islanders of all ages. We are a leading source of prevention through education and early intervention strategies to solve addiction and family-related issues.

Throughout our history, the governance has been and continues to be, representative of the community with the Board of Directors being composed of business leaders, professionals from diverse fields, and concerned laypersons.

LICADD's staff includes Clinical Social Workers, Credentialed Alcoholism and Substance Abuse Counselors and Certified Employee Assistance Professionals.



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**Long Island Council
on Alcohol and
Drug Dependence**



We provide individualized case management, recovery-focused counseling and relapse prevention groups to create a safety-net of aftercare following all substance abuse treatments.

LICADD's certified professional staff can help recovering individuals successfully transition from inpatient treatment back home or into a sober living environment.

Our professionally guided educational and motivational processes help a family prepare themselves to approach a loved one in a clear, respectful, and loving way about their drug and alcohol use with the immediate goal of encouraging them to accept help.

Family members are given the tools to care for themselves and their struggling loved one is given the proper assistance to access competent, affordable treatment-on-demand, when ready.



Family Education and Support Services

Professionally facilitated workshops are designed for families who are living with someone who is actively abusing substances. The three-part series addresses the disease of drug addiction and alcoholism; the role of the family; and treatment modalities for addiction. The first step towards conducting a planned family intervention is completing the series.

Family Interventions

Planned family interventions are available for families who have a loved one that is struggling with substance use and who has refused to accept help despite multiple efforts by family members. We offer ongoing support to the family and struggling individual for months beyond the intervention itself.

Family Education Series

Attend our Family Education Series to learn about addiction and develop strategies and resources for coping with the disease of addiction. LICADD offers this series as an individual family service that can be scheduled at a time that is convenient for you and your family members. A trained member of the clinical team will take you through the series in a private and confidential setting where you can ask questions and gather information that directly address your unique needs as a family.

Learn prevention through education with our Student Assistance Program (SAP).

Peer pressure surrounding drugs and alcohol has long been a problem. With such current events as the nationwide opioid crisis, the teen vaping trend and other concerns, kids need more support than ever.

The Student Assistance Program (SAP) is a comprehensive and collaborative effort between the agency and participant schools that seeks to provide this support and more. SAP educates students about the current drug crisis and teach new and healthier coping skills to support successful learning and development.

Programs like psychoeducation, prevention, and referrals help students impacted by the devastating problem of drugs and alcohol as well as related mental health issues in Long Island communities. The SAP helps reduce risks and develop positive coping skills. LICADD works to assist students in providing a safe environment in which students are free to express their feelings and concerns as they develop positive relationships with peers, adults and professionals by acquiring knowledge, skills, and attitude development leading to student success within the family and school setting.

Presentations can be done in individual classes, in after-school groups, as full assemblies, or through a combination.

